

International Health Clinical Site Profile and Evaluation

11-Aug-09

Continent: Pacific
Country: Timor Leste

Confidential Information:

- 1) Please don't circulate/or transmit
- 2) To spare our busy colleagues in-country*, please do not contact without prior discussion/permission from R. Pust, MD

Name of Program Bairo Pite Clinic (BPC)

URL: <http://bairopiteclinic.tripod.com>

Type of program: Located in Dili, Bairo Pite Clinic sees an average of 300 patients per day and is one of the most highly visited health clinics in the country.

General Email: aletisoares@yahoo.com.au

Updated: 5/09

Statement of purpose: Bairo Pite Clinic was founded in 1999 by Dr Dan Murphy to serve the immediate needs of a population affected by the violence of the Indonesian withdrawal and is now an NGO health clinic that provides free health care services to those in need

USA Contact

Dan Buffington

Phone: Fax:
E-mail: Daniel.buffington@gmail.com

Notes:

Application Process flexible

Preferred means of communications: email

Mail reliability:

Contact in Country:

Servacio Do Nascimento
Project Volunteer Coordinator
PO Box 259 Dili, Timor-Leste
Country Code:
Phone: 6707238343 Fax:
E-Mail: aletisoares@yahoo.com.au

Facility

Urban Rural Clinical Care Community Medicine Public Health

Language required: Portuguese useful

Fluency level:

English enough: yes

Language optional: Tetun

- Accepts Preclinical students
- Accepts Clinical students
- Accepts Residents/Doctors
- Volunteer physicians
- Accepts Non-clinical
- Unclear from data provided

Unique rules: no

Does Hospital serve a defined area? Approx area Population: 2 million

Hospital beds: 40 Lab/xray Surgery OB

Community Outreach Program?:

Sponsoring agent: Private clinic/NGO

Accommodations: contact volunteer coordinator on housing

Total cost: \$2257

Airfare: \$1800

Other travel: \$80

Room/month: \$225

Board/month: \$30

Evaluation

Info_from: Dan Buffington

Date_Origin: 5/09

How well did this elective site meet your professional learning goals in these categories (0=not rated by student)

Scale: 5 = Very well to 1 = Not at all

Other Comments: see Dan's narrative

Clinical goals met: 5

Community/Public Health goals: 2

Cultural/Personal goals: 5

Other (Specify and rank):

How strongly would you recommend this site? 4

2nd evaluation

Info_from2:

Date_Origin2:

How well did this elective site meet your professional learning goals in these categories (0=not rated by student)

Scale: 5 = Very well to 1 = Not at all

Other Comments2:

Clinical goals met:

Community/Public Health goals:

Cultural/Personal goals:

Other (Specify and rank):

How strongly would you recommend this site?

Name: Daniel Buffington
UA Class of: 2009

Dates I spent at this site: 3/20/09 – 5/2/09

CLINICAL SITE LOGISTICS/DESCRIPTION
UNIVERSITY OF ARIZONA COLLEGE OF MEDICINE
FCM 891Fi: International Health: Clinical and Community Care Preceptorship

Final **Required** Data on International Health Preceptorship site by senior student.
For FCM Department site files orienting future students.

I. Site: (SE) Asia, Timor Leste

Name and place of Hospital and/or Program: Bairo Pite Clinic (BPC), Dili, Timor Leste

A.

<u>Contact Person in USA:</u>		<u>Contact Person in Country:</u>	
Name:	None but I would be happy to field inquiries	Name:	Project Volunteer Coordinator changes now and again, currently Servacio Do Nascimento
Address:		Address:	PO Box 259
City, State, Zip code:	Anchorage, AK	City, Province, Country:	Dili, Timor-Leste
Email:	Daniel.buffington@gmail.com	Email:	aletisoares@yahoo.com.au
Phone:		Phone:	+6707238343
	(area code) Phone		(Country Code) Local Phone
Fax:		Fax:	
	(area code) Phone		(Country Code) Local Phone
Job Title:		Job Title:	

Program web site:

http:bairopiteclinic.tripod.com

B. How far in advance need to apply: whenever; very flexible. There's an application you can get from the volunteer coordinator but I don't think they turn anyone away. They've had as many as 15 students at one time. This seems like too many. During my time there were 5 of us and this was just about perfect.

Preferred means of communication: Mail ___ Phone ___ Fax ___ Email X other ___
Special instructions? (see notes under contact and "B" above)

C. Language(s) useful: Portuguese*

Fluency level required at site: x None ___ Basic ___ More than basic

Can you "get by" if only know English? ___ Yes, but acquiring Tetun language skills is key to a meaningful experience; fortunately Tetun is easy and can be acquired relatively quickly on site. You can get a list of Tetun-English medical words from the volunteer coordinator, but I recommend the Lonely Planet Phrasebook (purchase beforehand). Alternatively there's a Peace Core Language book available in country, but this retails for around \$20 and is not as portable.

Although Tetun-Dili borrows some words from Portuguese, the majority of the language is distinct. A basic knowledge of Portuguese, however, might help communicating with some older Timorese easier (the Portuguese colonization ended over 25 years ago). Bahasa Indonesian is also a useful language though unnecessary.

D. Approximate costs (US\$)

Airfare: \$1800 Room/Month: \$225 Program Fee: \$0
 Other travel: \$80 (taxi around town) Board/Month: \$30 (laundry fee)

Total Cost: \$ 2257* Plane ticket was essentially supplemented via FCM int'l elective monies.

Comments: Contact the volunteer coordinator for specifics on housing. I lived in the community and wasn't all that close to clinic (so I needed to take a taxi, ~\$2 per trip, to get there) and was "on my own" for meals, but there are actually options that are cheaper and closer. One such option is staying with nuns about four blocks away from the clinic. Coast was ~\$70 / month + \$70 / wk for food. As for transportation, biking is an option but one would need to search for rentals or purchase a cheap bicycle and sell it at the end of the stay.

II. Student Site Experience:

Type (circle all that are available to senior students at this site):

Urban Rural Clinical Care Community Care/ Public Health

Facility / Hospital: Beds: ~40 Lab/xray? *limited lab Surgery? _____
 OB? Yes, done mostly by midwives; students can become involved as much as desired, however.

Does hospital serve defined area? yes Approx. area population: Dili - ? 2 Million; also surrounding communities

Is there a community outreach program? (describe) _____

Sponsoring agency: Government _____ Church _____ Other: Private clinic / NGO. Most of funding through private donations / grants

III. Evaluation of Site Experience:

A. How well did this elective site meet your professional learning goals in these categories?

	Very well			Not at all	
Clinical	5	4	3	2	1
Community/Public Health	5	4	3	2	1
Cultural/Personal	5	4	3	2	1
Other (Specify below and rank)	5	4	3	2	1
_____	5	4	3	2	1

B. Does this site accept (circle all that apply)? **All**

Preclinical students Clinical students Residents Volunteer physicians

C. Are there any unique rules and regulations at this site (describe)? Not really.

D. How strongly would you recommend this site to future international health senior students?

Very Well				Not at all
5	4	3	2	1

IV. Helpful comments or suggestion for future students and faculty: (Please attach longer comments on a sheet of paper): From a tropical medicine standpoint, this is an excellent learning site; the pathology is extreme and widespread (TB, TB, TB, malaria, parasites, etc). The philosophy of the attending / medical director (Dr. Dan Murphy) is such that visiting students have as much autonomy as they feel appropriate. Thus, as a volunteer one can do basically anything clinically—within his/her comfort zone—whilst gaining confidence. This means, however, that times occasionally do arise where there is little immediate support and one may be called upon to make clinical judgments outside his/her scope of practice / experience. In these cases, though, it is always an option to stabilize and defer further decisions to Dr. Murphy (i.e. bring the patient back to the clinic for further eval). Additionally it is a bit challenging to navigate clinical settings in a 2nd language. Translators, though usually available, are either staff or young volunteers at the clinic, and many times, the facility of interpretation is suboptimal. Thus, the previous comment about language acquisition holds true for both quality of experience and ability to assist BPC in its mission. If I had it to do over again, I would have purchased the Lonely Planet Tetun Guide to assist with acquisition of language.

It probably warrants mentioning a bit about the safety of this site. Basically all information available online (state dept., CIA) paints an extremely dismal picture of Timor Leste. Although unstable and in great need, the country is not completely in disarray, and I felt very comfortable and safe walking the streets of Dili.

Clinically, as mentioned above, there is no shortage of pathology. It probably would be good to review a bit about both Malaria and TB before going. Additionally, at least a quick review of cardiac murmurs (congenital and secondary) would prove quite useful since there seems to be an overabundance of cardiac pathology—and Dan will quiz you!

All in all, this is a great site: a good place to grow in confidence and clinical prowess and to see lots of tropical medicine (practical tropical medicine).